10. PENICHE INTERNATIONAL TAEKWONDO SUMMER CAMP
PORTUGAL 2017

ORGANIZATION:
PENICHE INTERNATIONAL TAEKWONDO CENTER - PORTUGAL
Informations: jcorreiatkd@yahoo.com  Phone:+351 92 661 35 01
http://facebook.com/dojang.j.correia
Dear Friends,

The PENICHE INTERNATIONAL TAEKWONDO CENTER - PORTUGAL, is proud to host the “10th Peniche Taekwondo Summercamp 2017”, from 8th to 15th of July in the city of Peniche, Portugal.

We have great pleasure in inviting you to participate in this event. This event consists of classes that take place throughout the week. As extra activities, we have organized classes in BODY BOARD and SURF, and the last three days training in the Berlengas island.

should you wish to attend.

THE SEMINAR WILL CONSIST OF

TAEKWONDO – POOMSAE
TAEKWONDO – HO SHIN SUL - WITH AND WITHOUT KNIFE.
TAEKWONDO – GENERAL ASPECTS OF THE MARTIAL.
TAEKWONDO - KYORUGUI.
HAPKIDO SELF DEFENSE
TAI CHI CHUAN

The classes will take place in the School Gymnasium and on the beach Classes are open to all athletes from 7 years of age.

PRICES:

COMPLETE TAEKWONDO SEMINAR – €300.00 – The price includes the boat trip to the Berlenga island and two nights at the castle (OPTIONAL)
THE FOOD IS NOT INCLUDED IN THE PRICE BUT THE CASTLE HAS KITCHEN FOR THE USERS, REFRIGERATED AND ALSO MAKE CHEAP MEALS.

ONLY THE SEMINAR (5 DAYS) WITHOUT GOING TO THE ISLAND– €200.00

TREE DAYS SEMINAR – €150.00

In the event of a non TAEKWONDO practicing who wants to participate in the seminar, there is an extra of €10 registration for the insurance.

Deadlines:

REGISTRATION FOR THE TAEKWONDO SEMINAR MUST BE DONE BEFORE THE 15th OF JUNE.
AFTER THIS DATE, AND
FEE OF €10.00 EURO Charge,
REGISTRATIONS ON THE DAY OF THE SEMINAR WILL BE AN THE EXTRA €20.00 EUROS

THE SEMINAR IS FREE FOR TEACHERS OR INSTRUCTORS REGISTERING MORE THAN 6 STUDENTS, EXCEPT FOR EXPENSES IF YOU GO TO THE ISLAND.

All subscriptions must be transferred to the following bank
JOÃO MANUEL SILVA CORREIA IBAN: PT 5000 3501 2200 001 7759 0067
BIC: CGDIPTP P L CAIXA GERAL DE DEPÓSITOS DE ATOUGUIA DA BALEIA – PORTUGAL

EXTRAS:
The BODY BOARD or SURF classes will be for 2 hours with the maximum of 10 people per class.
The price is €20.00 per person / per class.
The price is includes all the equipment needed – suit and board. The instructor is Silvano Lourenço, European champion in this sport.

All participants of the seminar must bring: running shoes, dobok, belt & all TKD protections.

All under age participants must bring parents authorization signed (responsibility term). Failure to produce a signed authorization will result in the participant being refused entry to the seminar. All adult participants must also have the responsibility term form complete and signed.

Transportation, alimentation and accommodation are responsibility of the participants. In the case of coming teams with superior numbers to 10 people, the organization can arrange a bus, the payment of the bus is the responsibility of the team.

(SUGGESTIONS FOR SLEEPING)

Residencial Maciel
Rua José Estêvão, nº 38 Peniche
residencial-maciel@hotmail.com
Tel.: +351 262 784 685
Tel.: 91 407 91 45
Fax: +351 262 084 719

Peniche has many small city center hotels very easy to find on the internet. They all have good prices and no car is required to move within the city and to the beaches.

(It’s necessary sleeping bag). (Alternative - military style bedroom in sports pavilion 10 euros per person per night)

Masters, that will teach in the seminar:

- Traditional Taekwondo
- Martial training
- Mental training

Training places:
- Pavilhão Gimnodesportivo da Escola Dom Luís de Ataíde
- Peniche beaches
- Berlingas Island

Informations:
jcorreiatkd@yahoo.com
https://www.facebook.com/dojang.j.correia

Kwanjanim Park Moon Soo
8º Dan Korea/France

Responsibility Master of the Centre International de Taekwondo Master Park.
Korean military champion.
Ex-Commando Instructor.
Activities:
- Olympic combat
- Hapkido
- Tai chi
- Poomsae
- Berlengas Island

Training places:
- Sports Pavilion of Dom Luis de Ataide’s School
- Peniche’s beaches
- Berlengas Island

Information:
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https://www.facebook.com/dojang.j.correia

Activities:
- Knife self-defense
- Martial combat
- Olimpic combat
- Poomsae

Training’s places:
- Sports Pavilion of Dom Luis de Ataide’s School
- Peniche’s beaches
- Berlengas Island

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SILVANO LOURENÇO
BODY BOARD Vice European Champion 2009
BODY BOARD European Champion 2007
SURF and BODY BOARD INSTRUCTOR
National youth vice-champion in 1999.
17º WQT 2003.
European champion as individual under national team.
Champion in `Sumol Triangular`. Champion `luso galáctico` in 2001
and Vice-champion in 2005.
9th place in the world in 2005.
6th place in SPECIAL EDITION.
Considered the best Portuguese in 2005.
## SUMMERCAMP SCHEDULE

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<tr>
<td><strong>08 OF JULY</strong></td>
<td>ARRIVAL OF PARTICIPANTS&lt;br&gt;09.00 AM&lt;br&gt;PLACE – DOJANG&lt;br&gt;09.00 AM SUBSCRIPTIONS INSTRUCTORS AND STUDENTS REGISTRATION</td>
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<tr>
<td><strong>09 OF JULY</strong></td>
<td>10.00 AM TO 12.30 AM&lt;br&gt;KUPS ALL THE ATHLETES&lt;br&gt;TAEKWONDO - INTRODUCTION TO OLYMPIC SPARRING COMPETITION STRATEGY TACTICS&lt;br&gt;M.VALENTIM / CORREIA&lt;br&gt;SPECIAL BLACK BELTS – CLASS&lt;br&gt;M.DAMASO</td>
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<td><strong>09 OF JULY</strong></td>
<td>15.30 PM TO 17.00 PM&lt;br&gt;INFANTS&lt;br&gt;POMSAE - M.CORREIA&lt;br&gt;15.30H TO 17.00H - KUPS/DANS CADETS,JUNIORES &amp;SENIORES&lt;br&gt;BAL KI SUL AND POOMSAE – M.DAMASO – HO SHIN SUL – M.CORREIA&lt;br&gt;17.00 PM TO 18.00 PM - ALL THE ATHLETES&lt;br&gt;TRADITIONAL TAEKWONDO – MASTER PARK MOON SOO</td>
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<td><strong>10 OF JULY</strong></td>
<td>PLACE: BEACH&lt;br&gt;09.00 AM TO 10.00 AM&lt;br&gt;TAI CHI – M.DAMASO&lt;br&gt;10.00 AM TO 11.30 AM&lt;br&gt;ALL THE ATHLETES&lt;br&gt;KUPS/DANS TRADITIONAL TAEKWONDO&lt;br&gt;MASTER PARK MOON SOO&lt;br&gt;FREE AFTERNOON&lt;br&gt;SURF/BODYBOARD</td>
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<td><strong>10 OF JULY</strong></td>
<td>19.00 PM TO 20.00 PM&lt;br&gt;INFANTS&lt;br&gt;PADS TRAINING – M.P.VALENTIM&lt;br&gt;19.30 PM TO 21.00 PM - KUPS CADETS JUNIORES AND SENIORES&lt;br&gt;HØ SHIN SUL / POOMSAE&lt;br&gt;M.DAMASO / VALENTIM&lt;br&gt;SPECIAL BLACK BELTS – CLASS&lt;br&gt;M.CORREIA</td>
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<td><strong>11 OF JULY</strong></td>
<td>8.30 AM - BUS TRIP TO GO TO VISIT THE EDEN BUDDHA GARDEN, WHICH IS THE GREATEST COLLECTION OF STATUES IN REAL SIZE IN EUROPE&lt;br&gt;19.30 PM TO 21.00 PM – CADETS, JUNIORS, SENIORES - COMPETITION KYORUGUI CLASS - M.CORREIA</td>
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<td>10.00 AM TO 12.30 AM&lt;br&gt;ALL THE ATHLETES&lt;br&gt;TAEKWONDO - INTRODUCTION TO OLYMPIC SPARRING COMPETITION STRATEGY TACTICS – M.DAMASO&lt;br&gt;SPECIAL BLACK BELTS – CLASS&lt;br&gt;M.VALENTIM</td>
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### OPTIONAL PROGRAMME

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PARTICIPANTS ABOVE 18 YEARS OLD

DECLARATION

I __________________________________________________
WITH THE PASSPORT Nº ____________________________
DECLARE AND AGREE TO ALL RULES OF THE PARTICIPATION IN THE
10th SUMMER SEMINAR PENICHE 2017
I WILL PARTICIPATE IN THIS SEMINAR KNOWING THAT I HAVE SPORT INSURANCE AND
ALL CONDITIONS ABOUT
ITS USE. THEREBY THE ORGANIZATION HAS NO RESPONSABILITY IN EVENTUAL
ACCIDENT THAT MAY HAPEN
BEFORE, DURING OR AFTER THE SEMINAR

SIGNATURE

________________________________________

If this document is not presented complete and signed to the organization the subscription will not be accepted
Participants under age (under 18 years old)

DECLARATION

I__________________________________________________

WITH THE PASSPORT Nº ____________________________

DECLARE AND AGREE TO ALL RULES OF THE PARTICIPATION IN THE

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I AUTHORIZE,

___________________________________________________,

TO PARTICIPATE IN THIS SEMINAR KNOWING THAT THE PARTICIPANT HAS SPORT INSURANCE

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THE CHILD RESPONSIBLE

COMPLETE NAME______________________________________

SIGNATURE__________________________________________

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